

A country in Northern Europe, bordering the Baltic Sea, the Gulf of Bothnia, Kattegat and the Skagerak, between Finland and Norway



NORWAY AREA MAP

HELPFUL NORWEIGIAN PHRASES

Hello	Hallo	(HA-LOW)
Goodbye	Farvel	(Far well)
My name is...	Mitt navn er ...	(Meat navun air...)
How are you?	Hvordan har du det	(Wor-dan har duu dai)
Please	Vaer saa snill	(Vaar sa snill)
Thank you	Takk	(Tack)
Affirmation	Bravo!	(Braa-voh)

SOME FACTS ABOUT NORWAY

GOVERNMENT

Constitutional Monarchy
Capital – Oslo
GDP – \$511.6 billion

LEADERSHIP

King Harald V

Ms. Erna Solberg,
Prime Minister

MAJOR URBAN AREAS

Oslo – 970,000

NATIONAL HOLIDAY

Constitution Day, May 17, 1814

RELIGION

Evangelical Lutheran – 82.1%
Christian – 3.9%
Muslim 2.5%
Roman Catholic – 1.8%

PEOPLE & SOCIETY

Population – 5,147,792
Languages
Norwegian

NATURAL RESOURCES

petroleum, natural gas, iron ore,
copper, lead, zinc, titanium,
pyrites, nickel, fish, timber,
hydropower

NATIONAL SYMBOL

Lion

TIME DIFFERENCE

Pacific Daylight Time +9hrs

EDUCATION

Literacy Rate – M 100% / F 100%
School Expectancy – M 17yrs / F 18yrs
Unemployment Rate – 3.4%

TYPICAL FOOD

Kjøttkaker (Meatcakes)
Kjøttboller (Meatballs)
Svinekoteletter (Pork chops)
Krumkakes (Thin rolled cakes filled with whipped cream)

GENERAL PROTOCOL

(Rules & Taboos)

Referred to as "Norwegian." Men shake hands when greeting one another while maintaining direct eye contact. A firm but fairly brief handshake is the norm. With friends, a simple hello will suffice. If you have not seen someone in a long time, a hug is common. Women generally shake hands while maintaining direct eye contact. With friends, a simple hello will suffice. If you have not seen someone in a long time, a hug is common. Men greet women with a regular handshak. Good friends may engage in a light hug or a single cheek kiss. Direct eye contact is important in as it seen as a sign of respect and trustworthiness.

Taboo: Interrupting someone during a conversation is very rude. Waiving a pointed index finger or pointing at someone is considered rude. It is best to use the whole hand. Giving someone the finger (raised middle finger) is an obscene gesture.

WORLD GAMES 2015 DELEGATION

HOST TOWN

La Habra

HEAD OF DELEGATION

Charlotte Relling

ESTIMATED TOTAL INVOLVEMENT

Athletes – 27

Coaches/Staff – 14

SPORTS

Aquatics – 3

Athletics – 6

Golf – 4

Gymnastics (Artistic) – 6

Judo – 3

Kayaking – 5

SO NORWAY

LEADERSHIP

Mr. Paal Aamaas
President

Mr. Geir Smeby
National Director

REGISTERED PARTICIPANTS

Athletes – 2,558

Coaches – 518

Competitions – 122

OTHER DEVELOPMENT PROGRAMS

Young Athletes Program (YAP)

Motor Activity Training Program

REGISTERED SPORTS

Alpine Skiing Aquatics

Athletics

Bocce

Cross Country Skiing

Football (Soccer)

Golf Gymnastics
(Rhythmic)

Handball

Judo

Powerlifting

Short Track Speed

Skating Snowboarding

Snowshoeing

MISSION

To provide year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with an intellectual disability, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.